



Women's
Work
Turning a new leaf

Freedom Programme

Living with the Dominator

A 12 week programme focusing on the effects of abuse and control issues in past and present relationships. Sessions held in small groups every Tuesday 12pm–2pm & Tuesday evening 6pm – 8pm on a rolling basis.

This course covers the following:-

- The Dominator
- The Bully
- The Bad Father
- The effects of domestic violence and abuse on children
- The Head Worker
- The Jailer
- The Sexual Controller
- The King of The Castle
- The Liar
- The Persuader
- Warning Signs

The course will enable women to understand and recognise behaviours of abusers. It will also help reduce isolation and build self confidence, introducing them to a wider range of community resources and creating a support network. Please feel free to call the office to talk to a member of our staff for more information

Tel: 01332 242525

E-mail: info@womens-work.org.uk

Website: www.womens-work.org.uk

Registered Charity Number: 1135740

Follow us on Twitter [@womensworkderby](https://twitter.com/womensworkderby)